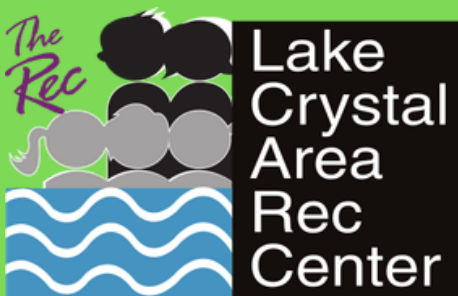


THE LCARC & COMMUNITY ED



Present the 2026 Summer Activity Guide



What's inside:
Swimming, Rentals, Health & Wellness
Sports Camps & Youth Trips

IMPORTANT ANNOUNCEMENT FOR ONLINE REGISTRATIONS

There will be a new payment structure starting May 1, 2026. All online registrations paid for via ACH withdrawal or debit cards will continue to be fee-free on our registration platform, Arux.

If you would rather use your credit card during checkout, there will be a 3.29% & \$0.39 fee assessed to cover processing charges.

www.lcwmrec.arux.app

LCWM Community Education

607 Knights Lane

PO Box 160

Lake Crystal, MN 56055

Phone: (507) 726-2673

Fax: (507) 726-2334

isd2071.k12.mn.us

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Lake Crystal Area Recreation Center (LCARC)

621 West Nathan Street

Lake Crystal, MN 56055

Phone: (507) 726-6730

Fax: (507) 726-6876

lcarc.com

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SUMMER FIELD TRIPS



FOR ALL STUDENTS, GOING INTO 1ST-8TH GRADE

June 25

CHILDREN'S MUSEUM

**8:45 a.m. to
3:45 p.m.**

New this year, we're going to the St. Paul Children's Museum. There are 4 floors of activities and adventures for all ages. Parent Chaperones are needed! Please contact us if interested.
Cost: \$25
Deadline of June 18th.

July 16

HYLAND LAKE PARK

**10:30 a.m. to
4:30 p.m.**

Ready for a fun day at Shoots and Ladders? At Hyland Lake Park in Bloomington, we'll have a picnic in the park, and then play on their gigantic climbing structure. If it's a hot day, the splash pad may be open.
Cost: \$25
Deadline of July 7th.

July 23

FLANDRAU STATE PARK

**9:00 a.m. to
4:00 p.m.**

We'll start the day with a fun educational event, have lunch and then spend the afternoon swimming in the park's sand bottom pond. Wear clothes to play in and closed toed shoes, bring swimming stuff to change into.
Cost: \$20
Deadline of July 16th.

August 12

FAIRMONT WATERPARK

**9:30 a.m. to
4:00 p.m.**

Join us for a morning of play at Gomsrud Park in Fairmont, followed by a picnic in the park, and then a splashing good time at the Fairmont Waterpark. There is a snack bar at the waterpark.
Cost: \$25
Deadline of August 5th.

More Information:

All field trips load from and return to LCWM Elementary School. They fee includes transportation and admission. It does not include lunch. If you choose to send cash for snack bars, staff is not responsible for student money.

isd2071.k12.mn.us

(507) 726-2673

Community Education

Art Week

ADVENTURE

9:00 a.m. to 11:00 a.m. July 6-10

Open to students going into 1st-9th Grade!

\$130 per student

Is making art one of your favorite things to do? Join us for this fun filled week creating with clay, acrylic paint, yarn, watercolor and more! Each day you will craft at least two items such as wacky pipe cleaner insects, yarn turtles, boats that float, painted garden rocks and cool pencil bags. Pack a snack to enjoy as you work and be ready to have fun and get messy!



Canvas Creations



Going into 2nd-8th Grades

You will have fun painting with your friends. Start with a blank canvas and acrylic paints and learn the basics about brush strokes, mixing paint and basic painting techniques. This will be an enjoyable time to paint with friends! You will bring home three creations at the end of class. Display them as stand-alone or as companion pieces. All materials are supplied. Aprons are available, but we suggest that you dress accordingly as acrylic paints do not wash out of clothes.

Dates: Tuesday - Thursday, June 16-18

Time: 12:00 p.m. to 2:30 p.m.

Location: LCWM Elementary School, Art Room

Cost: \$75

Registration Deadline: June 14



Summer Dance & Tumbling:

Spotlight Dance Company will again be offering the opportunity for your child to participate in our summer dance and tumbling programs this year! Classes are based on what grade you're going into. Preschool aged students must be 4 already, or must have been in dance during this last school year. If there are not enough/too many dancers, times may change and will be communicated to you before class starts.

Schedule:

6:00 p.m. to 6:30 p.m. - PreK/K/1st Dance
6:30 p.m. to 7:00 p.m. - K-2nd Tumbling
7:00 p.m. to 7:30 p.m. - 2nd-3rd Dance
7:30 p.m. to 8:00 p.m. - 3rd-8th Tumbling
8:00 p.m. to 8:30 p.m. - 4th-8th Dance

Dates: Thursdays, July 16, 23, 30, August 6, 13 & 20

Location: Small Gym, LCWM Elementary

Dance: \$55 Tumbling: \$55

Registration Deadline: July 13

Parents are welcome to attend the dance class on August 20 for a mini recital!

LEGO DESIGN CAMP

Design Basics, Going into Grades 1-3

Your child will learn science and math concepts while working with materials from the Lego Educational Division. Children will learn how to use levers, pulleys, and gears in order to build projects such as carousels, drawbridges and conveyor belts.

Advanced Design, Going into Grades 4-8

This class will focus on building Lego Vehicles with Lego Technic elements. Your child will gain understanding of how wheels, axles, levers, and gears work together to make vehicles move. The children will have the opportunity to hook up a motor and a battery to their vehicles and race!

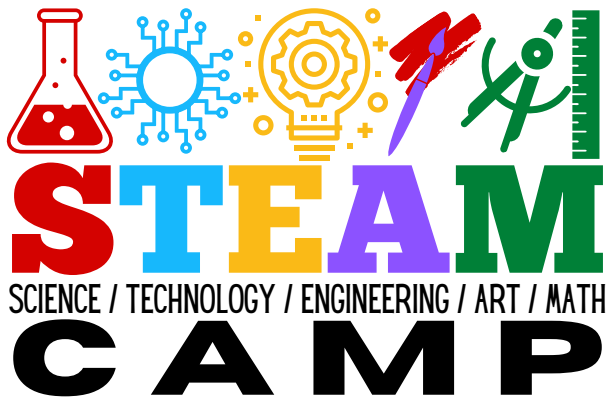
Classes are held together, but registration is separate.

Dates: Tuesday - Thursday, June 16-18, 8:30 a.m. to 11:30 a.m.

Location: LCWM Elementary School, Media Center

Cost: \$75 Registration deadline of June 14

Cost includes a LEGO set to take home.



MONDAYS - THURSDAYS
JULY 27 - AUGUST 6
FOR STUDENTS GOING INTO
5TH-8TH GRADE

REGISTRATION INFORMATION TO COME

Summer Rocketry Day Camp:

Going into 3rd-7th Grade

In this class you will learn how a rocket flies, and then build your own model rocket. The rocket you build will be reusable and is yours to keep. On Friday morning, we will fly our rockets at LCWM Secondary School. Rain or excessive wind will hamper our ability to launch the rockets.

Additional Supplies:

Students will be required to purchase their own model rocket. Cost of rockets and materials can range from \$12-\$30, depending on size and style. Specific instructions on rocket choices, where to purchase rockets locally, and Friday launch details will be shared during the first class.

Dates: Monday-Friday, June 22nd-26th

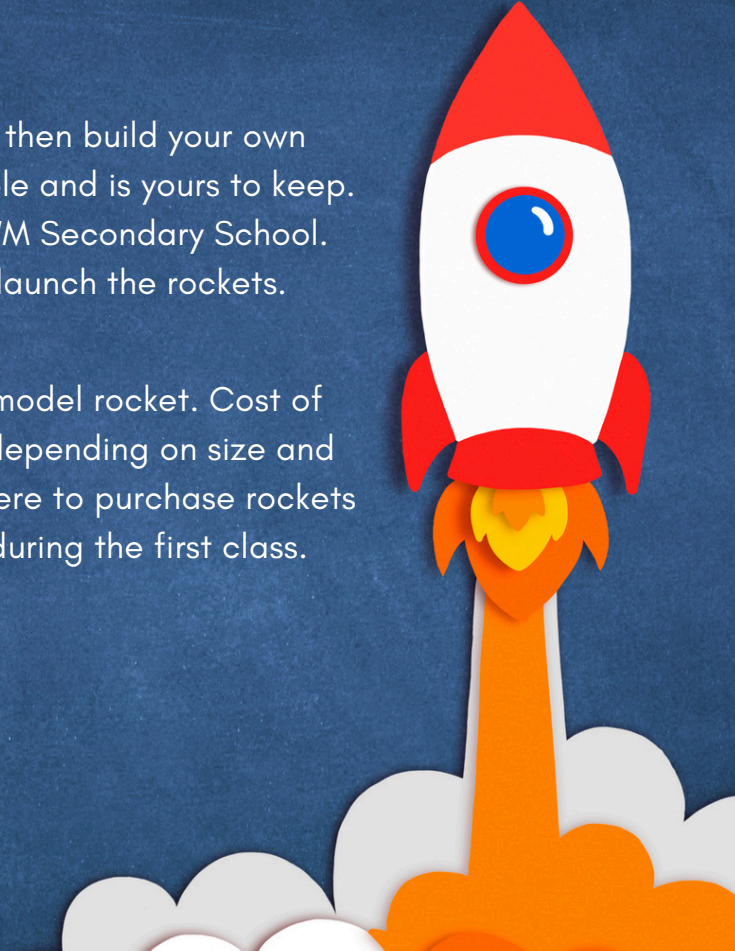
Time: 9:00 a.m. to 11:00 a.m.

Location: LCWM Secondary School, Rm 114

Cost: \$35

(Does not include rocket, to be purchased separately)

Registration Deadline: June 19



High School Driver's Ed:

This course is designed to prepare the first-time driving student with the information and knowledge required to pass the Minnesota Driver's permit test and the Minnesota Class D Driver's License test. This class requires the student to complete 30 hours of classroom instruction and 6 hours of behind the wheel instruction. These hours are mandated by law if a student under the age of 18 is to acquire a Driver's Permit or License.

Location: LCWM Secondary School Cafetorium

Times:

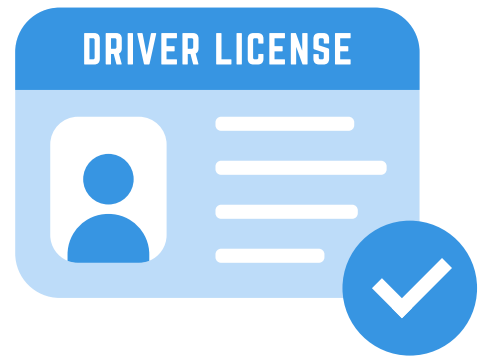
June 5, 8:30 a.m. to 11:30 a.m. & 12:30 p.m. to 3:30 p.m.	June 10, 8:30 a.m. to 11:30 a.m. & 12:30 p.m. to 3:30 p.m.
June 6, 9:00 a.m. to 12:00 p.m.	June 11, 8:30 to 11:30 a.m. & 12:30 p.m. to 3:30 p.m.
June 9, 8:30 a.m. to 11:30 a.m. & 12:30 p.m. to 3:30 p.m.	June 13, 9:00 a.m. to 12:00 p.m.

Parent Meeting:

Saturday, June 13 from 11:30 a.m. to 1:00 p.m.

Fee: \$150

Registration Deadline: May 20. Students must be 15 years old by September 1, 2026 and need to bring a pen or pencil, and a notebook to class.



STRENGTH & CONDITIONING

Going into 7th-12th Grades

Dates: June 8 - August 14,
Mondays, Wednesdays & Fridays.
There will be no class on June 19th, and the
week of July 4-11th. Other days off may be
communicated at a later date.

Cost: \$100

Registration Deadline: May 23

Boys: 6:00 a.m. - 7:00 a.m.

Girls: 7:00 a.m. - 8:00 a.m.

Students should wear or bring clothing
appropriate for class, gym shoes, and a
water bottle.

GOLF CAMP

Going into 4th-9th Grades

Students will learn the basics of golf from
Charlie Gengler, a Varsity Golfer! There will be
2 days of skills practice and then a trip to an
actual golf course to use their new knowledge.

Dates: Monday-Wednesday, July 20-22

Time: 4:00 p.m. to 5:30 p.m.

Cost: \$35

Registration Deadline: July 10

Students should dress to be outside. Bring a
water bottle, clubs and a few golf balls.

Included is a trip to Terrace View Golf Course.
The bus will leave Wednesday at
3:30 p.m. Bus will pick up at the west
side/Cafetorium door of the Secondary
School.

TACKLE FOOTBALL

Going into 4th-6th Grade

Cost: \$110

Registration Deadline: July 31

LCWM Football is part of the South Central Youth Football
League, but no league information is available yet.

Parent Meeting & Equipment Pickup

Date: Thursday, August 6

Time: 6:00 p.m. to 7:00 p.m.

Location: Secondary School, Cafetorium

Please register your child online before the meeting.

You will need to bring a separate check for your volunteer
deposit of \$50. This will be returned to you at the end of the
season if you volunteer. Jerseys are available to rent or to
purchase, separate checks will be required for this as well.
Jersey rental checks will be returned with return of the jersey
at the end of the season.

Football Camp:

Going into 4th-6th Grade

This will be a great camp to prepare
for the season. Come to camp and
refresh your football skills. Instruction
will be provided by the LCWM
Football coaching staff.

Dates: Tuesday-Thursday,
August 4th - 6th

Time: 4:00 p.m. to 6:00 p.m.

Location: Secondary School,
Varsity Football Field

Cost: \$35

Registration Deadline: July 24

Those not registered by the deadline
will not receive a team shirt.

BASKETBALL CAMP

Join us for an exciting basketball training designed to enhance skills and foster a winning mindset. Take your game to the next level with BeGreat Basketball Training! Sponsored by the LCWM Basketball Association, this year's camp will be free for all LCWM Players.

Dates: Monday-Tuesday, July 13-14th

Location: Secondary School, Big Gym

Registration Deadline: July 7

Girls and Boys will be together for these classes.

Going into 4th-6th Grades

Times: 1:30 p.m. to 3:30 p.m.

Going into 7th-8th Grades

Times: 11:00 a.m. to 1:00 p.m.

Going into 9th-12th Grades

Times: 9:00 a.m. to 11:00 a.m.



Isaac Fink is a seasoned basketball trainer and former standout player from Springfield High School, where he scored 3,382 career points, 7th all time in MN Boys Basketball History. With over 10 years of experience running camps and training sessions and over 1,500 athletes trained in camps or training sessions, Isaac is passionate about developing athletes at all levels through high-energy, skill-focused instruction.

VOLLEYBALL CAMP

Grow and maintain your volleyball skills, and learn how to be your best player from the Varsity Coaches in this three day camp.

LCWM Volleyball t-shirt included if registered by the deadline.

Dates: Tuesday-Wednesday, June 16 & 17

Location: Secondary School, Gyms

Going into 4th-6th Grades

Times: 8:00 a.m. to 9:30 a.m.

Cost: \$30

Going into 7th-8th Grades

Times: 9:45 a.m. to 12:00 p.m.

Cost: \$35

Registration Deadline: June 5

Going into 9th-12th Grades

Register through Community Education

Dates: Monday-Wednesday, July 27-29

Location: Secondary School, Big Gym

Times: 7:00 a.m. to 10:00 a.m.

Cost: \$115

Registration Deadline: July 17

This camp will be coached by Minnesota State University- Mankato Coaches.

Register your 9th-12th grade volleyball player through Community Ed year.



2026-2027

LITTLE KNIGHTS PRESCHOOL REGISTRATION OPENS FEB. 12

LITTLE KNIGHTS PROVIDES:

- Play Based Learning
- Brain & Body Development
- Music & Movement
- Supportive & Nurturing Environment

We are an inclusive preschool program providing quality learning experiences for children ages 3, 4, and 5. We offer classes that meets three or four days per week, with either morning or afternoon sessions available. Licensed teachers teach classes with experienced paraprofessionals assisting. We are a Four Star Parent Aware program and scholarships are available.



LCWM Little Knights Preschool

☎ 507-726-2320 📍 502 E Watonwon St, Lake Crystal, MN

🌐 www.isd2071.k12.mn.us/o/lcwm/page/little-knights

Nature Quest

Every other week, we'll meet at a local park and learn about Nature! This is a family friendly class, open to all ages and stages of life. There will be an activity and a craft or take home project for every group registered.

**All classes are from 6:00 p.m. to 7:00 p.m.
\$5 per week/per family. Meet at the park listed**

Week 1, Thursday, May 28. Community Garden, 510th Avenue & W. Blue Earth Street

This week we're learning about gardening and why gardens are important! Bring garden gloves if you have them and be prepared to play in the dirt!

Week 2, Thursday, June 11. Robinson Park, 212 N Grove Street

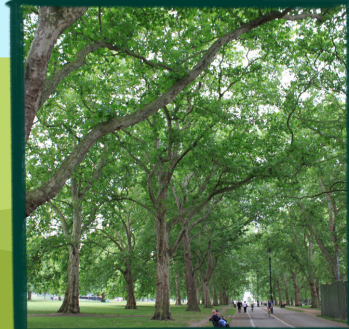
This week we're learning about native plants and how they stabilize our shoreline, provide habitats for animals, and filter our water.

Week 3, Thursday, June 25, Marston Park, 100 E Robinson Street

This week we're learning about trees! We'll learn how to identify trees by their leaves and bark, do a fun leaf craft and maybe have a special guest talk about trees in our community.

Week 4, Thursday, July 9. Jones Park, 730 S Main Street

This week we're learning about storm water and how it's useful to our land. We'll look for animals that live in the water as well as get to play some disk golf!



Music Lessons

Music lessons are set up between the instructors and the families. Please reach out to see each instructor's availability.

Piano Teachers:

Holly Havemeier

(507) 202-2873

Grace Pahl

(507) 381-9637

Brenda Williams

(706) 604-5282

Instrument Teachers:

Lark Carlson Brown

(507) 766-4229



The Community Band celebrates its 42nd season! The first concert will be Monday, May 25, 8:30 a.m., at LCWM Secondary, for Memorial Day. Other concerts will be in June and July, in Lake Crystal and surrounding communities. See the Community Band's full concert line up by going to the Community Band page, under the Community Ed header at www.isd2071.k12.mn.us Call Sheldon Meyer at (507) 327-0060 if you have questions.

The Lake Crystal **Community Band**

These activities are made possible by a grant provided by the Prairie Lakes Regional Arts Council from funds appropriated by the Minnesota State Legislature.



LCWM District Facilities:

LCWM Community Education is a part of the LCWM School District. The Community Education office is located at LCWM Secondary School. Community Education courses and programs are primarily hosted at LCWM school facilities, but also occur at other community facilities. Be sure to check the location of your program before arriving.

Facilities Rental:

LCWM district facilities are available to rent. Community members and organizations are invited to apply for the use of district facilities. For more information, contact the Facilities Department.

Phone: (507) 726-2673

Email: facilities@isd2071.org



Registration Support:

Our Community Ed. staff can help you through the process to register online or register you over the phone. Office hours are generally 8:00 a.m. to 3:00 p.m. on school days.

Youth Scholarships:

The Greater Mankato Area United Way believes all children should have the opportunity to be a part of youth development activities. We understand that, at times, it may be difficult for some families to find the resources to enroll their children in these activities. The Connecting Kids Initiative can help these individuals. Community Education also receives scholarship money from our community, and has funds available to make sure that every child can participate if they would like. Please reach out for more information. We want your child to join us, and we can cover the cost if needed.

Community Ed. Staff:

Logan Manska

Director of Community Education
lmanska@isd2071.org

Alisha Prange

Early Childhood Coordinator
aprange@isd2071.org

Jenny Bierma

Community Education/ECFE
Assistant, Registrations & Facilities
jbierma@isd2071.org

Board Members:

Kari Paul

Alexis Cote-Sands

Chelsea Copeland

Katie Fahey

Miranda Park

Toni Popp

Grace Drees

Darian Peterson

Interested in joining the
Community Ed & Early
Childhood Advisory Council?
Contact us for info!

To Register: Registration for all classes and activities is required unless otherwise noted. Class sizes are limited and enrollment is accepted on a first-come, first-served basis. Payment is needed to reserve your spot. Pay by cash (exact change), check, ACH withdrawal and all major credit cards. Payments made with ACH withdrawals do not incur online fees. Payments made by credit card will incur an online 3.99% fee through our registration software.

Publicity Policy: LCWM Community Education reserves the right to use photos and videos for publicity purposes. Those who wish their likeness to not be used can call the Community Education Office.

Cancellations: Classes and activities will be cancelled if there is insufficient enrollment and refunds will be issued to the method of payment that was used.

Registration Cancellations: There are no refunds after the class has started. If the entire class is cancelled because of bad weather or for other reasons beyond our control, and classes cannot be made up, a credit voucher will be issued upon request.

Emergency School Closing & Bad Weather: In the event that LCWM Schools are closed due to weather or emergency situations, Community Ed. classes, games and practices are automatically cancelled. Tuition refunds are not given if it is a multiple session class, only for a single session.

Illness Policy: If you are not able to attend a class due to illness, refunds will not be given. If you contact the office with more than 24 hours notice of not being able to attend a single session class, credit may be offered. Partial credit will not be given for a missed session of a multi session course.

Questions? Call the Community Education Office at (507) 726-2673

The LCARC Facility:

- 6-lane lap pool, waterslide, kid's play pool with slide, and hot tub
- Gymnasium with 2 courts
- Indoor Walking and Running Track
- Weight Room with Free Weights, Fitness Machines, and Cardiovascular Equipment
- Aerobics Room with spin bikes, TRX equipment, kettle bells and more!
- Brand new indoor 2-story playground with work out area for parents!

Business Hours:

Monday - Friday: 5:30 a.m. - 9 p.m.

Saturday: 7 a.m. - 6 p.m.

Sunday: Noon - 5 p.m. (Closed
Memorial Day to Labor Day)

Holiday Closures:

Memorial Weekend - May 23rd - 25th, 2026

Independence Day - July 4th - 5th, 2026

Labor Day - September 6th - 7th, 2026

***Always open for 24/7 Members!**

24/7 ACCESS
REACH YOUR
FITNESS GOALS
ANYTIME

Daily Admissions:

Non-Member Admission	Adult	Senior/Youth*	Family*
Daily Pass	\$9.00	\$7.00	\$40.00
5 Punch Punch Card	\$42.00	\$33.00	
10 Punch Punch Card	\$82.00	\$64.00	
20 Punch Punch Card	\$160.00	\$125.00	
Daily Waterslide Pass	\$2.00	\$2.00	
Spectator Fee	\$3.00	\$3.00	
5 Punch Playground Only	\$19.00	*Family Day Pass - Up to 2 adults, 4 children of the same family *Senior - Age 65+ *Youth - Age 18 and Under (Under 12 Months is free)	
10 Punch Playground Only	\$36.00		
20 Punch Playground Only	\$71.00		

LCARC Staff:

Ryan Yunkers - Executive Director
Larissa Ward - Family Programs
Ralph Huls - Facilities & Maintenance Manager
Makenna Simpson - Marketing/Health & Wellness/Membership Manager
Tristyn Bair - Aquatics & Rentals Manager

LCARC Board:

Rachel Jones - President
Meghan Peterson - VP/Secretary
Jennifer Wiens - Treasurer

- **Brenda Rogers**
- **Zach Alms**
- **Angie Schuck**
- **Pat Gengler**
- **Marissa Johannsen**
- **Dewey Escher**

Pool & Student Membership

SUMMER SALE!

\$10 off any pool or Student 3 month membership!

3 Month Pool family for \$115
3 Month Pool Individual for \$65
3 Month Student \$85

Customer must mention this offer at the front desk.
Offer valid May-June 2026

*Limited to 1 discounted 3-month membership per account

Mission & Vision:

To provide the Lake Crystal and surrounding areas with a family-oriented recreational facility that will encourage people in all age groups to improve health and physical fitness through the use and enjoyment of a variety of recreational activities.



ANNUAL MEMBERSHIP RATES

Membership Type	Annual	Monthly
Family	\$695	\$67
Couple	\$611	\$59
Individual	\$445	\$43
Student	\$235	\$22
Senior	\$355	\$35
Senior Couple	\$480	\$47

Lake Crystal Resident Discount Rates:

Membership Type	Annual	Monthly	
Family	\$530	\$52	IF YOU LIVE OR OWN A BUSINESS WITHIN LAKE CRYSTAL CITY LIMITS, YOU GET A DISCOUNT ON ANNUAL MEMBERSHIPS AT THE LCARC!! BRING YOUR UTILITY BILL TO THE FRONT DESK TO GET YOUR DISCOUNT TODAY!!
Couple	\$460	\$45	
Individual	\$347	\$34	
Student	\$194	\$19	
Senior	\$285	\$28	
Senior Couple	\$367	\$36	

Family: Limited to spouse or domestic partner and dependent children in school (age 1 to 24) residing at the same residence. Includes up to 6 family members. \$10 per each additional member.

Couple: Both individuals reside at the same residence.

Student: Includes K-12 and college students. College students must show proof of enrollment.

Senior: Individuals age 65 and older.

Senior Couple: At least one person is over the age of 65 and reside at the same residence.

Add a 24/7 pass or a waterslide pass to your membership!

Additional Membership Types

3 Month Memberships:	
Membership Type:	Cost:
Family	\$265
Couple	\$230
Individual	\$170
Student	\$95
Senior	\$140
Senior Couple	\$185

Walking Track Membership:	Cost:
Contract Length	
1 Month	\$32
1 Year	\$196
3 Month Pool Membership	
Membership Type	Cost:
Individual	\$75
Family	\$125

Add on **24/7** access for only **\$30** per person!

For questions or more information, please call 507-726-6730

Why purchase a Membership?

If you use the facility on a regular basis, having a membership at the LCARC is the most popular, cost-effective option. The membership includes daily access to the entire facility.

With several different types of memberships, we are sure to have something that works best for you and your family!



Health Insurance:

If your insurance provides Silver Sneakers, Silver & Fit, Renew Active, One Pass, or Tivity Prime Fitness you may be eligible for membership at a low co-pay or completely FREE. Check with your insurance provider!



LCARC Memberships:

We offer a wide variety of memberships, including family, couple, individual, student and senior memberships. Membership discounts are available for Lake Crystal residents and EMT/Fire/PD. Corporate discounts are also available. Please visit www.lcarc.com for details and to view membership rates. Email our Membership Manager, Makenna, at lcarcfit@gmail.com with questions.



ROOM RENTALS, GYM RENTALS AND PARTY PACKAGES ARE AVAILABLE AT THE LCARC!

Call 507-726-6730, or email

Tristyn at

lcarcaquatics@gmail.com

A \$25 non-refundable deposit is required to schedule all rentals.

Rates are effective as of January 2026 and are subject to change without notice.



STANDARD RENTAL PRICING

Rooms & Spaces	Members & Non-Profit Org.	Non-Members
Derksen (Fit Kids Room, w/ kitchenette space)	\$25/hr \$110/day	\$30/hr \$130/day
Meixell (Community room - large group seating)	\$25/hr \$110/day	\$30/hr \$130/day
Jones (Indoor Playground Room)	\$25/hr \$110/day	\$30/hr \$130/day
Gym - Half	\$30/hr \$150/day	\$40/hr \$200/day
Gym - Full	\$45/hr \$250/day	\$55/hr \$350/day

BOUNCE HOUSE PARTY PACKAGE

Enjoy 2 hours in a party room, and 2 hours in a bounce house with a ½ gym rental!

Bounce House Options:

Basic Bounce House: \$195.00

Slide Bounce House: \$220.00

Inflatable Obstacle Course (pictured): \$245.00

SWIM PARTY PACKAGE

Enjoy 90 minutes in the party room, the swimming pool and slide during Open Swim (as well as the gym, if available).

Includes 15 party participants and 2 chaperones.

Cost: \$125

Additional people: \$6/swimmer (non-member)

PLAYGROUND PARTY PACKAGE

Enjoy 120 minutes in a party room and the indoor playground all day.

Includes 15 party participants and 2 chaperones.

Cost: \$125

Additional people: \$4/child (non-member)



Morning Swim Lessons

SESSION 1 MORNING LESSONS:	
June 15th - 25th 2026 Monday - Thursday	
9:15 - 9:55a	Level 3
10:05 - 10:45a	Level 2
10:55 - 11:25a	Aqua Tots (parent/child, 6mo-2yrs)
11:35 - 12:15p	Level 1 (6+ years old)
Member Fees:	\$50.00/student
Non-Mbr Fees:	\$65.00/student

SESSION 3 MORNING LESSONS:	
August 3rd - August 13th 2026 Monday - Thursday	
9:15 - 9:55a	Level 5 & 6
10:05 - 10:45a	Aqua Tots (parent/child, 6mo-2yrs)
10:45 - 11:15a	Preschool Aquatics (3 -5 years)
11:25 - 12:05p	Level 4
Member Fees:	\$50.00/student
Non-Mbr Fees:	\$65.00/student

CONVENIENT ONLINE REGISTRATION FOR SWIMMING LESSONS - SEE DETAILS ON NEXT PAGE.

SESSION 2 MORNING LESSONS:	
July 13th - 23rd 2026 Monday - Thursday	
9:15 - 9:55a	Level 6
10:05 - 10:45a	Level 5
10:55 - 11:25a	Preschool Aquatics (3 -5 years)
11:35 - 12:15p	Level 4
Member Fees:	\$50.00/student
Non-Mbr Fees:	\$65.00/student



Offered swim lessons may change without notice due to instructor availability or community need.



Evening Swim Lessons




www.lcarc.com (507) 726-6730 Lake Crystal Area Rec Center

SESSION 1 EVENING LESSONS:

June 15th - June 25th 2026 Monday - Thursday

4:15 - 4:45p	Preschool (ages 3, 4, and 5)
4:55 - 5:35p	Level 4
5:45 - 6:25p	Level 5
6:35 - 7:15p	Level 6
Member Fees:	\$50.00/student
Non-Mbr Fees:	\$65.00/student

SESSION 2 EVENING LESSONS:

July 13th - 23rd 2026 Monday - Thursday

4:15 - 4:45p	Aqua Tots (Parent/child, 6m - 2 yr)
4:55 - 5:35p	Level 1 (6+ years old)
5:45 - 6:25p	Level 2
6:35 - 7:15p	Level 3
Member Fees:	\$50.00/student
Non-Mbr Fees:	\$65.00/student

*Offered swim lessons may change **without notice** due to instructor availability or community need.*

CONVENIENT ONLINE REGISTRATION FOR ALL GROUP SWIMMING LESSONS!



Scan QR Code or visit <https://lcwmrec.arux.app>



PRIVATE SWIM LESSONS:

To register for private lessons, please call the LCARC to discuss scheduling and availability. These lessons are for people of all ages. All lesson fees must be paid in full upon the first lesson.

Members:	1 Student-- \$125.00	2 Student (together)-- \$165.00
Non-Members:	1 Student-- \$140.00	2 Student (together)-- \$180.00

*Lesson bundles are 4 for 45 mins or 5 for 30 mins each.

ALL AGES OPEN SWIM:

***Starts June 8th, 2026**

Monday: 1-4pm, no evening open swim

Tuesday: 1-4pm, no evening open swim

Wednesday: No Open Swim

Thursday: 1-4pm, no evening open swim

Friday: 1-4pm w/slide, 6-8:30pm w/slide

Saturday: 1-5pm w/slide

Sunday: Closed Sundays

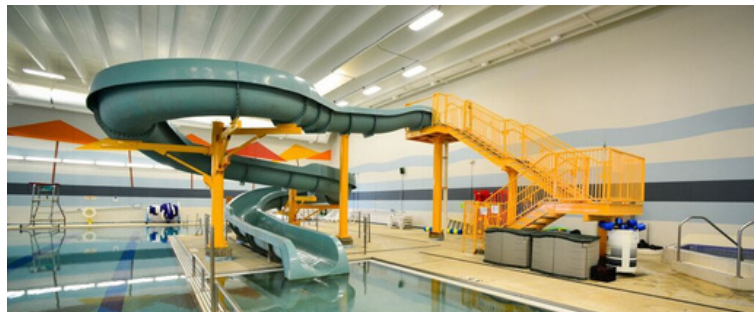
Hours are effective as of April 2026 and are subject to change without notice

LARGE WATERSLIDE:

The waterslide is only open on specific nights. Be sure that it is open before arriving.

Everyone that goes down the slide must have a hand stamp. Stamps can be purchased at the front desk.

Daily Admission Slide Cost: \$2
Annual Water slide Membership: \$110
(In addition to membership)



LIFEGUARD CERTIFICATION



May 16th & 17th, 2026!

Register online through Arux!

Or type in this link;

<https://lcwmrec.arux.app/courses/category/14/lcarc-aquatics>

- \$175/member, \$200/nonmember
- Must be 15 years or older by course start date!
- Earn your certification from the Red Cross in Lifeguarding (including Deep Water) with CPR/AED!

Reach out to Tristyn at lcarcaquatics@gmail.com for more information!



LIFEGUARD RE-CERTIFICATION

Recertification courses can also be scheduled!
Please reach out to Tristyn at lcarcaquatics@gmail.com for more information!

\$100/member or \$125/nonmember
Must currently have a Lifeguard Certification or be within 30 days or expiration!

WATER AEROBICS:

WATER AEROBICS CLASS SCHEDULE:

Mon	Tues	Wed	Thurs	Fri
Aqua Fit 8-9am	Aqua Fit 8-9am	Aqua Fit 8-9am	Aqua Fit 8-9am	Aqua Fit 8-9am

*Starts June 8th. Schedule available at www.lcsrc.com or call 507-726-6730



Aqua Fit - A lower intensity class consists mainly of muscle toning and flexibility with some cardiovascular work.

Aqua HIIT: Are you looking for a low-impact, cross-training, full body workout? The high intensity interval training will get your heart rate up, while the added resistance of the water surrounding your entire body creates an element of intensity!

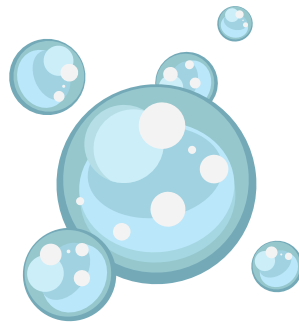
*All skills can be modified/adjusted to meet the needs of each individual.

SESSION DATES:

Session 1: January 1 - April 30

Session 2: May 1 - August 31

Session 3: Sept 1 - Dec 31



Notes -

If there is bad weather, call the LCARC before arriving to be sure the instructor is able to make it to class.

Purchase a new punch card at the beginning of each session. The Unlimited Pass lasts the entire first session.

Consider choosing the Monthly Payment Option to save \$\$ each session.

Punches do not carry over to the next session.

No refunds will be given on punches once the session has started.

WATER AEROBICS PUNCHES:

Punches:	Members:	Non-Members:
Drop In	\$3.25	\$6.00
2-10 Punches	\$2.75	\$5.00
11-20 Punches	\$2.50	\$4.50
21+ Punches	\$2.25	\$4.00
Monthly Payment Option	\$26/month	\$36/month
Unlimited Session Pass	\$120.00	\$160.00

*Land Aerobics punches are the same.



ADULT LAP SWIM:

Lap Swimming is available daily. Swimmers during this time must be over the age of 18, as there are no lifeguards on duty. For exact dates and times, call the LCARC or check lcsrc.com/aquatic-schedule

Work site Wellness

If you want to make a positive difference in the health of your workplace, Worksite Wellness is for you! The LCARC will design incentive programs, fitness classes, "Lunch and Learns", and even comprehensive worksite wellness programs and evaluations. Healthier employees are happier, more productive employees!

Weight Room Orientation

Do you have a 13-15 year old interested in using the weight room? Set up an appointment with the Fitness Coordinator to go through the orientation for free during his normal hours. The cost is \$10 for scheduling outside of normal hours.

Aerobics Class Punches:

Punches:	Members:	Non-Members:
Drop In	\$3.25	\$6.00
2-10 Punches	\$2.75	\$5.00
11-20 Punches	\$2.50	\$4.50
21+ Punches	\$2.25	\$4.00
Monthly Payment Option	\$26/month	\$36/month
Unlimited Session Pass	\$120	\$160

*Water aerobics punches are the same.

Session Dates:

Session 1: January 1 - April 30

Session 2: May 1 - August 31

Session 3: Sept 1 - Dec 31

Class Cancellation Policy:

Classes will be cancelled when school and roads are closed or when instructors aren't able to make it. For late starts or early releases, call the Rec Center or check our Facebook page to find out.



"I want to help you be well"
lcarcrenee@gmail.com

PERSONAL TRAINING WITH RENEE

We Train, You Grow

Join Me!

Services:

- Program Set Up
- Strength Training
- Cardio Training
- Aqua Training
- And more!



Personal Training Rates:

	Member:	Non-Member:	2 Members:	2 Non-Members:
1 Session	\$30	\$40	\$40	\$60
3 Sessions	\$85	\$115	\$114	\$144
5 Sessions	\$120	\$175	\$170	\$220
10 Sessions	\$225	\$300	\$320	\$420
20 Sessions	\$420	\$500	\$600	\$800

Group Fitness Classes:

Aqua Fit: This class is a mixture of cardio and toning, all low impact! Great for those who need a gentle workout.

Aqua HIIT: Are you looking for a low-impact, cross-training, full body workout? If so, try AQUA HIIT! The high intensity interval training will get your heart rate up, while the added resistance of the water surrounding your entire body creates an element of intensity!

Lower, Upper, and Core & More -30-minute class is for people who want a quick but impactful early morning workout that includes strength and cardio intervals. The workouts will be led by personal trainers who will utilize the bars and free weights in the LCARC studio. The workout will include the same exercises for 6 weeks so participants can increase the intensity and their weights each week if desired. Attend all three workouts per week and get a full body workout each week!

Boot Camp: Come in and join us for a fun and energizing way to start your day! We will be doing a different workout each week to combine with exercise and fun, making the time fly! Come give it a try!

Generation Xercise: Want to keep exercising well into your youth, but not sure if you can or where to start. We have just the class for you! Resistance train, walk, get fit, and have fun doing it while keeping it low impact. (45mins)

Pilates: This popular mat workout developed by Joseph Pilates concentrates on core strength, body alignment, and muscular balance without adding bulk. If you are looking for that long, lean dancer body, this class is for you!

POUND®: A full body cardio-jam workout that combines cardio, conditioning, and strength training with yoga and pilates-inspired movements. Using Ripstix®, lightly weighted drumsticks engineered specifically for exercising, POUND transforms drumming into an incredibly effective way of working out!

ZUMBA and Aqua Zumba : Zumba is a complete workout, combining all elements of fitness - cardio, muscle conditioning, balance and flexibility, boosted energy and a serious dose of awesome each time you leave class. You will find a mix of low-intensity and high-intensity moves for an interval-style, calorie-burning dance fitness party.

**All classes may not be available on the current schedule but all are available for private group booking. Email Renee at [lcarcree@gmail.com](mailto:lcarcree@lcarc.com) for options. TRX classes also available for private or special event booking.

SUMMER FIT KIDS

2026

June 8th - August 14th

Monday-Friday, 7a.m. - 5:30p.m.

Grades K-5, & Knights Plus for children who are 5

Registration opens February 5th at 8am!

Register online at [https://](https://lcwmrec.arux.app/child-care/2/fit-kids)

lcwmrec.arux.app/child-care/2/fit-kids

Registration applications will be considered in the order they are received using a priority registration system.

Summer Program Requires:

- Water bottle
- Gym shoes
- Spray sunscreen to share
- Swimming Suit
- Additional fees for field trips

Contact Family Programs Manager
Larissa Ward for more information at
lcsrcfitkids@gmail.com



Online registration
@
<https://lcwmrec.arux.app/child-care/2/fit-kids>

Or Scan



SUMMER PROGRAM

COST:

Price per child	Member	Non-Member
5 Days/Week	\$28/day	\$30/day
4 Days/Week	\$30/day	\$32/day
1-3 days	\$35/day	\$40/day
Drop in	\$40/day	\$45/day



SCHOOL YEAR FIT KIDS

Monday-Friday, 2:45-5:30p.m.
 Grades K-5 & Knights Plus (age 5+)
 *Registration opens June 5th, 2026



Online registration
 @
[https://
 lcwmrec.arux.app/
 child-care/2/fit-kids](https://lcwmrec.arux.app/child-care/2/fit-kids)

Or Scan



**After School Fit Kids
 At LCWM Elementary
 Monday-Thursday & LCARC Fridays**

**Late Start Fit Kids
 Member: \$15/child
 Non-Member: \$18/child
 Snack and busing provided.**

**All Day Fit Kids
 Member: \$35/child
 Non-Member: \$40/child
 On days when there is no school.**

Price per child	Member	Non-Member
5 Days/Week	\$10/day	\$12/day
4 Days/Week	\$11/day	\$13/day
3 Days/Week	\$12 day	\$14/day
2 Days/Week	\$13/day	\$16/day
1 Day/Week	\$15/day	\$18/day

Senior Series Lunch & Learn:

These semi-monthly programs are geared toward adults 50+ and involves recreational, nutritional, educational and/or social components. Each Lunch & Learn has a different compelling topic specifically chosen for the interests and needs of our 50+ population.

A healthy lunch is provided (free-will offering) and the program is FREE.

This program is partially supported by Mayo Clinic Health Systems, MinnStar Bank and a grant from the Consolidated Communication Community Fund.

Most sessions are Wednesdays over lunch; stop by the LCARC for the full calendar.

Pickleball:

Full gym reserved for this activity. 3 courts.

Date: Mon-Friday at 8:30am. Mon & Wed at 6:30pm.

Where: LCARC Gym

Members: FREE

Non-Members: Daily Admission

No registration necessary

*Pick-up games whenever the gym is open. Daily admission applies.

SAIL-Stay Active & Independent For Life:

Designed for Seniors, this FREE class has been proven to increase bone density, strength, and flexibility. Energize and enhance your well being with this bi-weekly class. This osteoporosis prevention exercise program is open to men & women.

Brought to you by Common Good RSVP & the LCARC!

Date: Mondays & Wednesdays

Time: 9:30 a.m.

Where: LCARC

No registration necessary

LCARC'S HALLOWEEN HUSTLE 5K

**HALLOWEEN 5K FUN RUN!
SATURDAY OCTOBER 24TH!
RACE STARTS AT 9AM AT THE LCARC!**

**COST IS 25.00 DOLLARS
YOU GET A T-SHIRT! & MEDAL!
REGISTER AT THE LCARC
OR VISIT WWW.LCARC.COM**



LCARC INDOOR PLAYGROUND

Smile, Slide, Repeat!



 **MULTIPLE SLIDES**

 **TODDLER PLAY**

 **ADULT WORKOUT**

 **507-726-6730**
 **621 W NATHAN ST**
LAKE CRYSTAL MN 56055

OPEN DAILY REC CENTER HOURS

Admission Options:
Daily Admission - \$4
Adult Fitness Area Use - \$2
Punch cards:
Playground 5 - \$19
Playground 10 - \$36
Playground 20 - \$71





Fit x Hitch

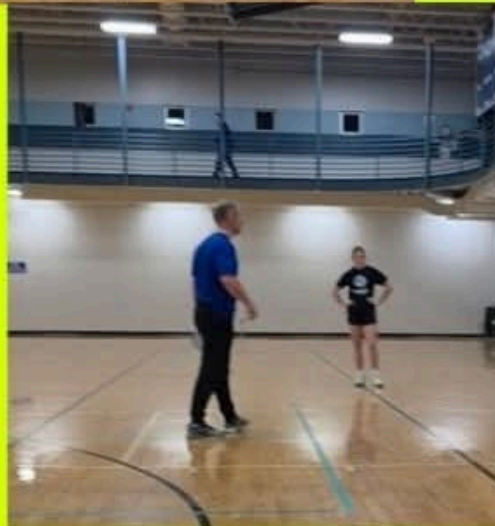
SUMMER CAMP

BOOK NOW!

6 WEEK PROGRAM

- Speed work
- Objective testing with laser timing
- Strength training
- Fascial mobility
- Agility
- Jump training

CONTACT FOR DETAILS



Fitxhitch.com

www.lcarc.com (507) 726-6730 Lake Crystal Area Rec Center

Fit x Hitch at the LCARC

PILATES

PRIVATE PILATES TRAINING

Email: shanbenefit36@gmail.com

Pilates is a low-impact exercise method that integrates mind and body, focusing on core strength and overall physical well-being. It aims to train the body as a whole, promoting balanced muscle development, mobility, and joint range of motion. Pilates exercises are designed to enhance muscle strength and endurance, while also improving posture and stability. This approach may help with injury recovery and pain reduction.

→ Contact Shannon at shanbenefit36@gmail.com to schedule a session!



Private Session Rates:

	Member:	Non-Member:	2 Members:	2 Non-Members:
1 Session	\$30	\$40	\$40	\$60
3 Sessions	\$85	\$115	\$114	\$144
5 Sessions	\$120	\$175	\$170	\$220
10 Sessions	\$225	\$300	\$320	\$420
20 Sessions	\$420	\$500	\$600	\$800




Lake
Crystal
Area
Rec
Center

PICKLEBALL *at the LCARC*

-  **Mon - Fri at 8:30am**
-  **Mon & Wed 6-8:30pm**
-  **621 W NATHAN ST
LAKE CRYSTAL MN 56055**



DINK RESPONSIBLY!

 507-726-6730

 www.lcarc.com

Lake Crystal Area Rec Center (507) 726-6730 www.lcarc.com

Pickleball

2026

CRUZ 'IN LAKE CRYSTAL



CLASSIC CARS . MOTORCYCLES .
FOOD TRUCKS AND LIVE MUSIC

Music Line up - 2026

- * JUNE 4 - ROBBIE VEE
AND HIS ROCK 'N ROLL CARAVAN
- * JULY 16 - RICHIE LEE
AND HIS FABULOUS 50'S BAND
- * AUGUST 13 - MURPHY BROTHERS BAND
- * SEPTEMBER 10 - THE HOLY ROCKA ROLLAZ
AND FINALE SATURDAY...
- * SEPTEMBER 26 - 1:00 - 4:00 PM
ROBBIE VEE AND HIS ROCK 'N ROLL CARAVAN



Sponsored by the Lake Crystal Area Chamber of Commerce

City Wide Garage Sale May 8th & 9th

Registration Deadline April 30th.

Free entry this year!

Email your name, address and sale hours to
jennifer.wiense@bankwithpioneer.com

Your sale will be listed on a printable page for garage
sale goers. Note, no maps or balloons this year.